



# treatment options

*Drift - a continuous slow movement from  
one place to another*

## *Drift Signature Bodywork*

Our signature massage with a difference. This bodywork can be used as gentle or as deep as your body will allow our therapist to work. It is designed to open you up and create space in your joints and initiate fascial movement, soften muscular tension and target any areas of lower back, upper back or neck tension. Heal your body, heal your spirit.

**50 Minutes    \$120**

**90 Minutes    \$180**

## *Hawaiian Bliss*

Feel your body soften as your therapist performs a 'dance with the body', intuitively flowing from head to toe incorporating beautiful Hawaiian flower essences and sounds blended with the ocean & flowing massage. Using hands and forearms and specially selected music, the hypnotic rhythm of this massage brings a deep sense of relaxation.

**90 Minutes    \$240**

## *Yummy Mummy - Pregnancy Massage*

The perfect treat for the soon-to-be Mummy. Our therapist will soothe any aches and pains she might be experiencing and is perfectly safe during pregnancy.

**60 Minutes    \$130**

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## *Hot Rocks*

The techniques of our Drift Signature Massage are applied with the addition of hot stones being placed on specific parts of your body.

**75 Minutes    \$150**

**90 Minutes    \$195**

## *Additional Options - choice of*

*must be booked in conjunction with a massage*

- Indian Head Massage - release tension in the muscles and joints of the head, face and neck.
- Luxurious Magnesium Spa Bath

**30 Minutes    \$45**

We also offer specialised weekends dedicated to your Health & Wellbeing.

Ask our team about forthcoming events or follow us on Castaways Facebook Page.

See our friendly team at reception to make a booking.  
Public Holiday surcharge applies.

**C A S T A W A Y S**  
MISSION BEACH RESORT

